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WELL BEING™
FOUNDATION

BRIEF

NAME OF ORGANISATION	WELL BEING FOUNDATION
REGISTRATION DETAILS	Registration No. 1018,REGD DATED 01-06-2015 REGD UNDER INDIAN TRUST ACT,1882 PAN No: AAATW3827H TAN No: DELW07736B Niti Ayog/Darpan: DL/2018/0191071 E-ANUDAAN: DL/00018325 MSME: DL03E0008858 12AA Registration: AAATW3827HE20219 80G Registration: AAATW3827HF20217 NSDC TP ID: TP 001419 ISO No: QMS-WBF-100779 CSR No: CSR00016503
LOCATION	Andhra Pradesh, Arunachal Pradesh, Assam, Bihar, Chhattisgarh, Goa, Gujarat, Haryana, Himachal Pradesh, Jammu & Kashmir, Jharkhand, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Manipur, Meghalaya, Mizoram, Nagaland, Odisha, Punjab, Rajasthan, Sikkim, Tamil Nadu, Telangana, Tripura, Uttar Pradesh, Uttarakhand, West Bengal, Andaman and Nicobar islands, Lakshadweep, Puducherry, Delhi, Chandigarh.
SUBSTANTIVE AREA OF WORK	Education & skill Development, Health & Hygeine, Women Empowerment, Sports, Art, Culture & Heritage, Environment, Disaster Response, Livelihood and Legal aid & Human Rights.

ABOUT US

Well Being Foundation is a committed non-government organization that has been working tirelessly since 2015 to bring about positive, inclusive, and sustainable change in communities across India. Rooted in the belief that every individual deserves equal opportunity and dignity, our organization operates across a broad spectrum of social development areas aimed at improving quality of life and building resilient communities.

One of our primary focus areas is Education and Skill Development, where we aim to bridge the gap in access to quality learning for children, youth, and adults. We run programs that enhance literacy, promote digital inclusion, and equip individuals with vocational and life skills to improve employability and economic independence. In the area of Health and Hygiene, we promote preventive healthcare, organize medical camps, raise awareness on nutrition and sanitation, and work closely with communities to ensure access to clean water and menstrual hygiene resources.

Women empowerment & Entrepreneurship is central to our mission. We support women through education, financial literacy, livelihood training, and leadership development, encouraging active participation in decision-making processes both at home and in society. Additionally, we promote Sports, Art, and Culture as powerful tools for personal growth, community bonding, and the preservation of our rich cultural heritage. Our cultural initiatives help revive traditional arts while providing platforms for local talent to thrive.

Recognizing the urgency of environmental challenges, we engage in Environmental Conservation Activities such as tree plantation drives, clean-up campaigns, and climate change awareness programs to foster eco-conscious behaviour. In times of natural disasters or humanitarian crises, our team is actively involved in Disaster Response and Relief efforts, providing essential supplies, medical assistance, and rehabilitation support to affected communities.

Lastly, we are deeply committed to Legal Aid and Human Rights Advocacy, working to protect the rights of the marginalized by offering legal literacy programs, counselling, and access to justice. Through all these efforts, Well Being Foundation continues to work at the grassroots level, partnering with communities, volunteers, and institutions to build a just, healthy, and empowered society for all.

MISSION



To empower individuals and communities by promoting access to education, healthcare, skill development, gender equality, environmental sustainability, legal support, and cultural preservation. We work at the grassroots level to create inclusive, resilient, and self-reliant societies through need-based programs and community-driven initiatives.

VISION

A just, healthy, and empowered society where every individual has the opportunity to live with dignity, participate fully, and reach their highest potential regardless of their background, gender or circumstances.



COMMITMENT

Work as a catalyst in bringing sustainable change in the lives of underprivileged children, youth, and women with a life-cycle approach to development. Enable the civil society across the world to engage proactively in the change process through the philosophy of civic-driven change. Adopt the highest standards of governance to emerge as a leading knowledge and technology-driven, innovative, and scalable international development organization.



CORE VALUES

Respect- Believing in and appreciating the dignity and potential of all human beings.
Integrity- Maintaining social, ethical, and organisational norms and adhering to the code of conduct.



FARHA NAAZ (Founder)

Women form the backbone of society, contributing significantly to its progress by nurturing future generations and uplifting one another. Among these remarkable women is Farha Naaz, passionate about advancing women's empowerment. At 30, Farha exemplifies self-made success. Her journey began in childhood, marked by personal and societal challenges that only made her stronger. She started as a teacher in a small academy and, through perseverance, expanded her institute to over 300 franchises across India, establishing herself as a successful entrepreneur over the past 15 years.

Leading the 'Auckiza Group,' Farha oversees ventures in Education, CSR, Lifestyle, Media, Events, Hospitality, Tourism, Online Services, Health, and Textiles. She draws from her emotional resilience and first-hand understanding of the difficulties women face—especially those restrained by financial or familial hardship—offering them support and motivation to step forward.

Beyond business, Farha's heart lies in social service. She established 'Well Being Foundation' and 'The Farha Naaz Foundation,' NGOs focused on social development. With 10,000 volunteers and 2,500 active members nationwide, these

organizations provide vocational and professional training to women, empower them to monetize their creativity, and support child development. For Farha, children are tomorrow's future, and she ties this mission to her experiences growing up.

The organizations run numerous programs to foster self-confidence in women and children, helping them overcome conservative societal norms. Farha Naaz is proof

that self-belief enables women to achieve anything, breaking free from limits imposed by society. In her personal life, she enjoys traveling, writing, and reading,

while collective efforts under her foundations train women for self-reliance.

CORE TEAM



FAISAL PARVEZ



SHAMS TANVEER



SHIVAM MEHROTRA



DHIRENDRE CHAUDHARY



SHAHZADA SIDDIQUI



HARISH RAWAT



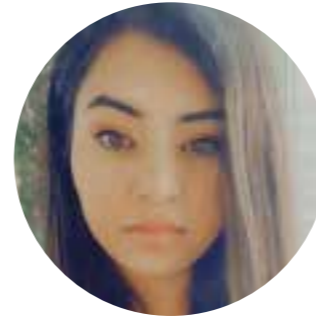
ASHU BEGUM



GBEMISOLA OJDIRAN



SONI



AMRITDEEP KAUR



SHAFAQ



DEEPIKA ARYA



ANUSHA PRAVASS



SARFARAZ ALAM



EMAAN FAIZAN



MOHAMMAD KARIM



MAQSOOD KHAN



VARUN BANSAL



ZAHID KHAN



SANDEEP MORRIS



PANKAJ JEENA



ROBERT SHEAL



KHUSHBOO GINTI



ZAINAB MALIK



SKILL DEVELOPMENT



CURRENT PROJECTS

EDUCATION

- **BASIC LITERACY**

Focus on foundational reading, writing, and numeracy skills.

- **FORMAL EDUCATION SUPPORT**


Assistance and enhancement for learners in traditional school systems.

- **VOCATIONAL TRAINING**

Skill-based training aimed at employment and livelihood.

- **LIFE SKILLS AND HEALTH EDUCATION**

Programs developing personal, social, and health-related competencies.



OPEN PATHSHALA

The project open a cluster of 100 Open Pathshala in slums to impart education to 5000 children.

A community teacher would be engaged to conduct the classes. Proven approach of multiple level reinforcement through project based learning methodology. Curricula and teaching learning modules are already available with the Foundation.

The project would generate the interest of parents and children in getting educated and understanding value of education. A resource pool will be created in the community through capacity building and training of teachers for long term sustainability. The project would also help in reducing child labour and restoring their Right to Education, thereby giving them a brighter future.



- **DIGITAL LITERACY**

Training in digital tools, technology use, and online safety.

- **SPECIAL NEEDS EDUCATION**

Customized education for learners with disabilities or special requirements.

- **NON-FORMAL EDUCATION**

Alternative education pathways outside the formal school system.

- **EARLY CHILDHOOD EDUCATION**

Education and care for children from birth to around 6 years old.

CURRENT PROJECTS

PROFESSIONAL TRAINING

FEED WITH WELL BEING

Brief about the “Feed with Well Being” program-

Our society depends upon basic requirements to fulfil their needs such as Shelter, Clothing and Food. So, as Well Being Foundation also helping those who are in need by feeding the hungry. Well Being Foundation distributing fresh cooked food daily from 5000 to 10,000 people in different centres of Delhi-NCR . We provide regular meals on regular basis. These would be a lunch from Monday to Friday which would comprises a basic meal(Dal roti, Dal Chawal, sabzi roti). Taking all the safety measures such as social distancing, and providing face mask to the people with proper sanitisation due to current pandemic situation its Well Being Foundation’s guidelines to ensure that one must not leave any spot for further medical suffering.



One small step can make the difference and brings a change to the society especially for those who can not help themselves due to several reasons whether it's an economical barrier or the lifestyle problems.

These nutritious meals can be picked up from our nearby centres in Delhi, Noida and Gurugram.

“Feed With Well Being”

Well Being Foundation’s motive is to bridge the gap of the society and bring smile to the faces of people who crave for happiness and basic needs.



Well Being FOUNDATION

Career Oriented Certificate Courses now Offered
Education Partnerships UK

For Students, Professionals & Entrepreneurs

Certificate Course in
Media Management

Certificate Course in
Digital Marketing

Certificate Course in
Event Management

EDUCATION PARTNERSHIPS UK

Education Partnerships UK is an innovative company working with British Awarding Organizations, Colleges and Universities to provide British qualifications and accreditation for our national and international clients.

Internationally recognised Accredited Career and Sustainable Excellence Licensed Programmes. These not only increase employability and job performance but make substantial social and environmental impacts.

ETBS

REGISTER NOW

Avondale
Technology & Placement
PARTNER

CURRENT PROJECTS

SELF DEFENCE -NAARI SHAKTI

Well Being Foundation have been more concerned about women safety as crimes against women have been rising up for the last few years. Since the cases of gender violence are on rise, self-defence for women has become a necessity more than ever. Rape, kidnapping and murder are the most common crimes against women. People often turn blind eye and deaf ear to such crimes. It is high time we all should come forward and make our girls strong enough by teaching them self-defending skills.

Keeping in view the above written facts, Well Being Foundation has taken an initiative towards women empowerment by imparting self-defending skills to them. We have conducted many seminars at several schools in the capital. Outcome of the seminars conducted by Well Being Foundation has been really commendable. In this seminars, we teach girls how to defend themselves and put up an impressive efforts against attackers in bad situations. We are trying to reach more and more schools in this regards. Well Being Foundation, conduct a free 1-day seminar on self-defence for girls.



LEGAL AWARENESS & HUMAN RIGHTS



WELL BEING is providing aid to jail inmates who cannot bear legal expense.

We are working with our team for those prisoners who have completed their tenure but they do have basic penalty to pay and release themselves. It is the research that have found 49% of prisoners have completed their prison time but due to lack of money and legal awareness they are still in prison. Well Being Foundation is providing their releasing fees and get them free from jail.

There are people in our deprived society who dont know about their legal rights so we conducts community meeting in local chawpals to advocate them their legal rights which helps them in their future and make better lifestyle.

CURRENT PROJECTS

HEALTH & HYGIENE



You have heard that health is wealth because only healthy people can fight any battle. Well Being takes sessions in the community, school, parks, and malls to aware about health & hygiene. We have seen in the last few years that children in our community are malnutrition so we are taking steps towards our children and society. Health and hygiene both works together if we want to be healthy we need to take care of sanitation.



SCHOOL DEVELOPMENT



This programme is designed to enhance the overall school management. We have tie up with government and private schools. We conduct health camps free of cost in different school. We trained the teachers for betterment of the school children in extra curricular activities.



CURRENT PROJECTS

TREE PLANTATION DRIVE



Humans, animals and the environment depend upon trees for survival. Therefore, as deforestation continues, we must put back what we're taking away. We are organising plantation Drives in our community on regular basis.



WOMEN ENTREPRENEURSHIP

With a desire to become independent and successful, women entrepreneurs have many challenges to face. Social restrictions function at emotional and economic levels, along with financial instructions make situations more difficult for women to take the plunge at the business level. Moreover, they have less knowledge about how to start and run a business operation. For solving these difficulties, they get assistance from the available helping resources and can emerge a successful entrepreneur. We are working with Small Help Group by providing them small businesses like candle making, pickle making, chocolate making, stitching clothes. The group of 20 women prepares decorative candles, chocolate, pickles, and clothes and we sell their work and give them their profits.



CURRENT PROJECTS

BAG OF BLISS CLOTHES DONATION



A bag of bliss is an event that is framed to provide a box of happiness to our less privileged community. In this program our volunteers collect clothes from door to door and make a box of Clothes, food, and a gift. We prepare the boxes with care and sanitation. After a collection of 2 months, we organize an event and distribute it among families.



SPORTS

Sports play a significant role in our life. Playing sports helps us in building and improving confidence levels. If we practice sports on regular basis, we can be more active and healthy. Being involved in sports activities help us in getting protected from numerous diseases such as arthritis, obesity, obesity, heart problems, diabetes, and so on. Considering sports as a part of our life Well Being is preparing less privileged children for different competitions in sports. Currently, we have one Cricket Team and one Girls Football Team.



COVID-19



SUSTAINABLE DEVELOPMENT

The infographic displays the 17 Sustainable Development Goals (SDGs) in a grid format. At the top left is the Well Being Foundation logo, which features a stylized green figure with arms raised, surrounded by a circular pattern of dots. The text 'Well Being' is in a large, bold font, with 'FOUNDATION' in a smaller font below it. To the right of the logo are the UNDP logo and the 'SUSTAINABLE DEVELOPMENT GOALS' logo. The 17 goals are arranged in a grid, each with a unique icon and color. The goals are: 1. No Poverty (red), 2. Zero Hunger (orange), 3. Good Health and Well-being (green), 4. Quality Education (red), 5. Gender Equality (red), 6. Clean Water and Sanitation (blue), 7. Affordable and Clean Energy (yellow), 8. Decent Work and Economic Growth (red), 9. Industry, Innovation and Infrastructure (orange), 10. Reduced Inequalities (pink), 11. Sustainable Cities and Communities (orange), 12. Responsible Consumption and Production (yellow), 13. Climate Action (green), 14. Life Below Water (blue), 15. Life on Land (green), 16. Peace, Justice and Strong Institutions (blue), 17. Partnerships for the Goals (blue). The bottom right cell of the grid contains the 'SUSTAINABLE DEVELOPMENT GOALS' logo. At the bottom of the infographic, the text reads: 'We are committed to these goals ! Can you commit to these goals'.

1 NO POVERTY

2 ZERO HUNGER

3 GOOD HEALTH AND WELL-BEING

4 QUALITY EDUCATION

5 GENDER EQUALITY

6 CLEAN WATER AND SANITATION

7 AFFORDABLE AND CLEAN ENERGY

8 DECENT WORK AND ECONOMIC GROWTH

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE

10 REDUCED INEQUALITIES

11 SUSTAINABLE CITIES AND COMMUNITIES

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

13 CLIMATE ACTION

14 LIFE BELOW WATER

15 LIFE ON LAND

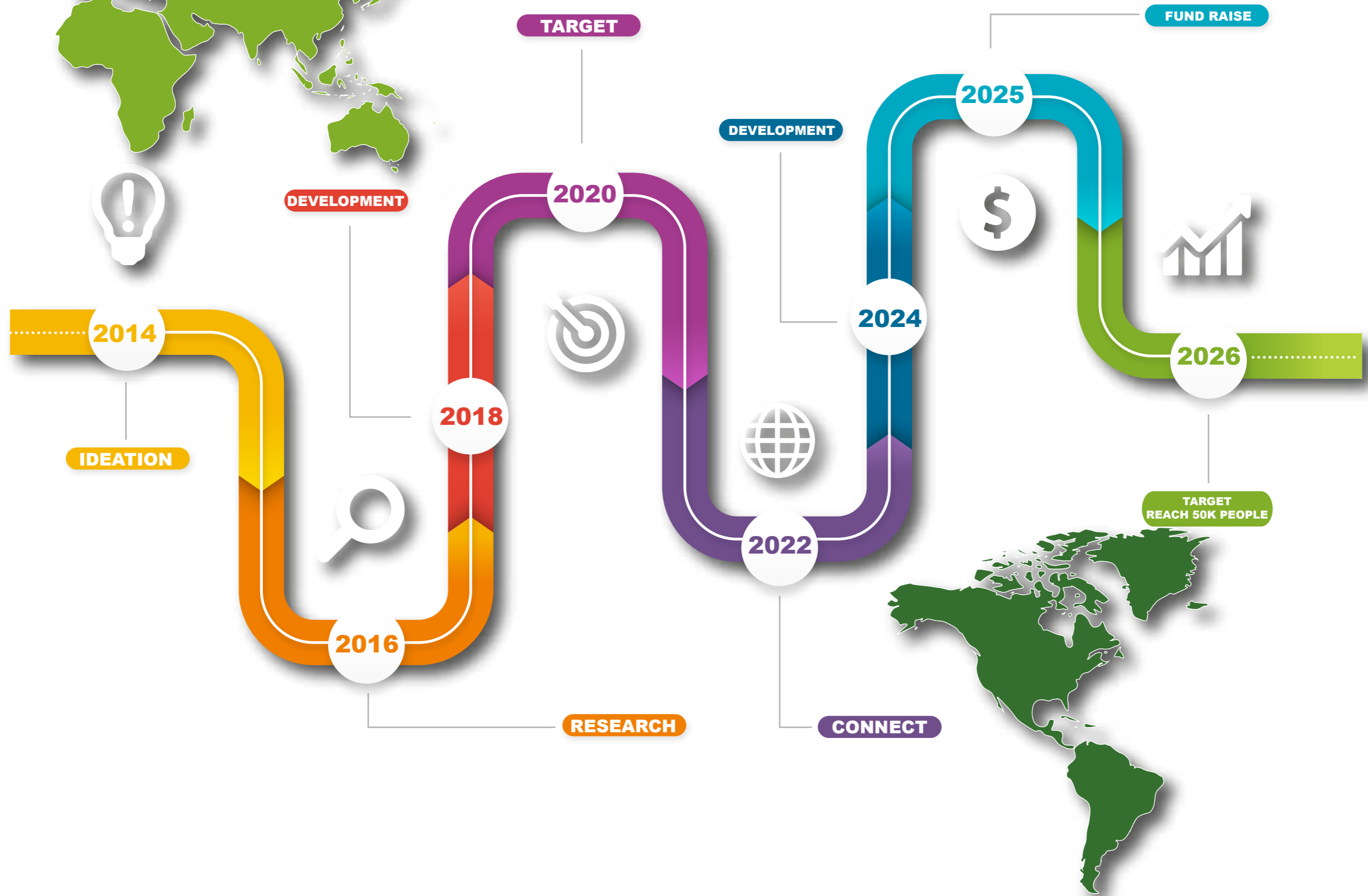
16 PEACE, JUSTICE AND STRONG INSTITUTIONS

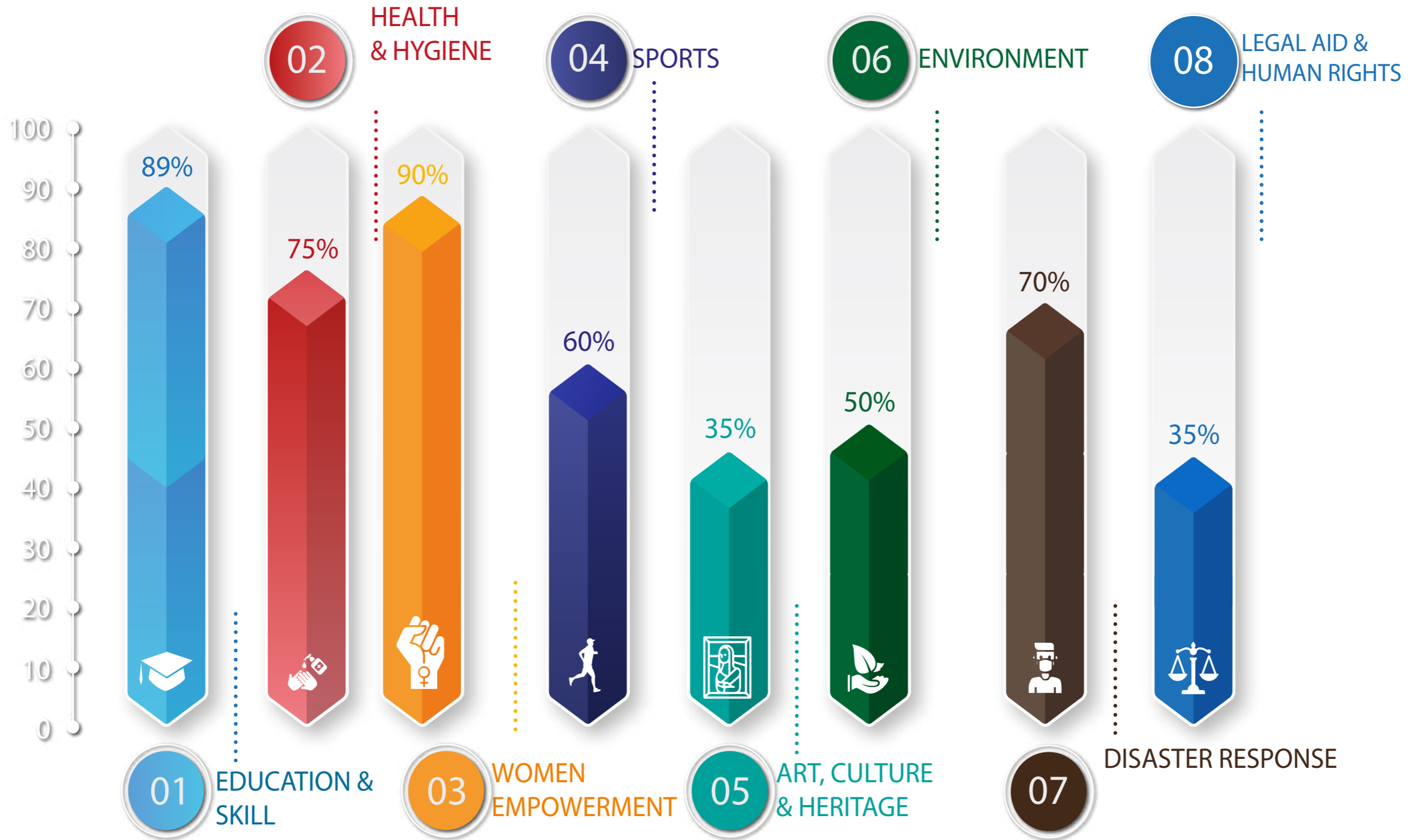
17 PARTNERSHIPS FOR THE GOALS

SUSTAINABLE DEVELOPMENT GOALS

We are committed to these goals ! Can you commit to these goals

IMPACT





BENEFICIARIES OF CORE AREAS

Well Being Foundation's reach in different sectors and their beneficiaries of the core areas such as Education, livelihood and human rights

OUR COLLABORATIONS



कौशल विकास और
उद्यमशीलता मंत्रालय
MINISTRY OF
SKILL DEVELOPMENT
AND ENTREPRENEURSHIP



MHRD
Ministry of Human
Resource Development
Government of India



Skill India
कौशल भारत - कुशल भारत





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